

Published based on [Problems Of The Majority Of Traders.](#)

# **Problems Of The Majority Of Traders.**

The majority of difficulties are in a prediction problem. Not known nature of the future, fear before it, all it motivates irresponsible mechanisms of knowledge of the future - prediction psychology. The prediction is led to belief, belief - to a selective filtration of perception and attention. The belief always searches and finds acknowledgement. It does not require disproofs and does not endure them. It never asks that can stop your belief. When you start to trust in something, you start inevitable process of negation of a reality.

You start to believe what should occur. You start to expect. The bigger prediction gives rise to the bigger belief, closing this vicious circle. And as the divergence between that actually occurs, and that you do, increases, - definiteness turns to hope, and this hope generates imaginations what will occur (again a prediction). Then the hope regenerates in fear, the fear gives rise to despair, and in a condition of despair you, at last, act. As a rule, in a condition of despair you execute the most unsuccessful action from possible - for example, close a long position in a minimum.

Why? Simply because you are on this painful way not alone and consequently that the despair threshold appears approximately equal at the most different people. During this moment your method starts to signal that it is necessary to open a long position. But you are not in a condition to open it, because have just sustained terrible defeat. You cannot operate according to distributed signals. You are completely paralyzed.

Prediction - one of the most serious problems, which are the heaviest for overcoming. The prediction underlies almost all difficulties in following a method. In a condition of fear you are afraid of that can occur. When you hope for something, you have a reliance that it will occur...

Thus, not following to a method is based on going away from the present and cycling on the past or the future. To you will help everything what helps you to support attention on the present.

There are some methods, which in the combination always inform the trader on where he is now. And which unequivocally say what the trader should do now. Nothing more can be required from the method. The method only can do the work. It should make it impassively and without all your personal problems. Therefore, you should subordinate yourself to a method. There are many ego-structures and functions, which feel huge discomfort from such submission and many deep psychological problems. Therefore it is easier to say to follow a method, than really to make it. You can have the best method all over the world (I am assured that all methods, which you use, are very good) - but you will have all the same the most serious problems at following to the method. You should realize accurately that all your psychological problems will inevitably affect your result in trading.

As we know, the majority of traders are failed. The reasons of it are simple - absence of the plan, a method, bad money-management, not following to a method etc. But a basis of all these reasons is almost always purely psychological. Education, method studying will help to overcome only 50 % of problems of following to a method. Others lie in the area of personal psychology, and each trader will face them.

It is important to gather as much knowledge about currency exchange market as possible. Because this knowledge will help you not to lose much money on [Forex trading](#) or [Forex investment](#).

Surely not a single piece of knowledge can be rock solid guarantee against losses, in particular on Forex market, but sometimes even one [Forex books](#) can save you much money.